

Shanghai Centre

May/June
2010

清靜無為

relax
rejuvenate

Take a Spa Holiday



Shanghai Centre Talk



Kurt Sigouin
Property Services Director

Dear Residents and Tenants,

This year marks Shanghai Centre's 20th year in operation. Wow, it seems like yesterday that I was attending the Grand Opening celebration and Shanghai Centre was the tallest building in Shanghai... how times have changed! What hasn't changed is the way that we keep evolving and making continuous refinements to make sure that the "Life at Your Doorstep" -lifestyle continues to live up to its reputation. Needless to say we have some great festivities lined for this fall's 20th year celebration.

With the warmer weather finally upon us we can start to get out and enjoy all the fantastic al fresco dining choices in the Centre. Din Tai Fung has recently opened their new patio and in case you haven't had a chance to try it out get there early for lunch as it fills up fast. Pizza Marzano will also serve up their Italian fare on a huge sun drenched patio, guaranteed to be the hottest new patio in Shanghai.

More convenience and more choices are on their way, this summer look forward to a new dental clinic, new tailor & a few more new surprise additions to the Retail Plaza. For Haute Couture lovers Tom Ford & Mui Mui will roll out new shops on Nanjing Road midyear. Recently we launched our Leisure Center making available a fleet of city bikes, and outdoor gear to residents. If you're planning to go to Expo you will definitely need to borrow our "Expo folding chair" to wait out those long lines in comfort. We are also looking to expand our equipment line up so if you have any suggestions please send them to me at ksigouin@shanghaicentre.com. Inside this newsletter issue we give you a brief insight to our renovation program for upgrading the apartments, as this will take a few years to complete we will endeavor to minimize the noise and inconvenience by controlling the working hours and total number of units that are being done at any one time in each tower.

I look forward to seeing everyone as we get out to enjoy this great spring weather.

上海商城ニュース



Vivian Zhang
Japanese Leasing Manager

レジデントの皆様

若葉の緑が日ごとにすがすがしく感じられることとなりましたが、皆様はお元気ですか。上海商城からのお知らせです。

「より良い都市、より良い生活」がテーマの万博の幕がつついに開かれました。ご家族やご友人を誘ってきて、素晴らしい会場を見学しに来られるでしょうか。ご家族や友人の宿泊をご予約される際は是非上海商城の短期宿泊のご利用をお願い致します。短期宿泊についてのお問合せはリース部のサリー(内線8665)までお願い致します。

毎年恒例のゴルフトーナメントは五月下旬頃、開催いたします。初夏の爽やかな風が吹く緑が溢れるゴルフ場で、ゴルフの腕を磨くと共に、お互いの友情が更に深まると思います。皆様のご参加申込をお待ちしております。

また五月末頃、夏を迎えるバーベキューパーティーを予定しております。食べ物、飲み物と出し物を用意しておりますので、忘れがたい初夏の夜を過ごせると信じております。詳細は市場部のジェシー(内線 6621)までお問合せください。

また、皆様からのご意見とご要望をお待ちしております。



SHANGHAI
CENTRE
上海商城

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PRODUCTION

Ringier

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*Relax, Rejuvenate and Discover Your Own Private Oasis,
Right Here at Shanghai Centre*

Take a Spa Holiday

By Richard Baimbridge

So, your back is a mess, the dark circles under your eyes are big as donuts, and lately you've started to hear the phrase "You look really tired" a few more times than makes you comfortable. You can't remember the last time you saw the sun, and unfortunately, your work schedule doesn't allow for a week in Boracay or Bali, even though your heart is clearly telling you it's time for a vacation.

No one needs to remind you that life's tough in Shanghai. The traffic noise, air pollution, pressures of work and daily life can all take a serious toll on your physical and mental well-being. I'm reminded of this every time I go on holiday, get some quality rest and a little sunshine, and spend my days doing nothing but getting pampered with massages, facials, and lounging with a book by the pool. I look in the mirror and notice the deep blue sparkle in my eyes coming back to life. Then I return to Shanghai and am shocked by how tired and pasty everyone else looks, until slowly I become one of them, once again. But even if you can't run off to a tropical island, there's still a way to escape – and it's right here at your doorstep.

Westerners have long looked at Asians with a certain sense of envy when it comes to the softness of their skin, and the youthful glow that extends well into their later years. As a kid, before I knew anything



about China, I remember seeing ads for skin lotions on TV that featured beautiful Asian models talking about "secrets of the Orient" like crushed pearls and other magical remedies.

Some might say it's simply a matter of genetics, or perhaps diet (one of my female friends swears that her baby-smooth skin comes from avoiding the sun and eating lots of chicken feet), but one thing I've noticed since living here is that Asians know how to pamper themselves. And luckily, living in Shanghai, you don't have to spend a fortune to do so.

My first stop on my own little Shanghai spa vacation

was to Si Yan Li Spa, on the 4th floor of Shanghai Centre. After sitting down for a consultation on the state of my skin (I basically have normal skin, though a bit on the dry side perhaps due to the weather), I was ushered to a private suite. The lighting was soft, and the gentle sounds of music immediately put me at ease as I slipped into a warm Japanese bath. I marveled at the fact that, here it was 3pm on a weekday, and just outside the world was busy rushing by, while I was lying in perfect serenity, surrounded by candlelight. I might as well have been on another planet, or on a volcanic island... which was exactly what came next. Si Yan Li has one of the only Lava Stone saunas in Shanghai, with a floor made from imported volcanic lava stone.

After the sauna, I slipped into a cozy robe and lay down on a massage table as a therapist began to gently rub my shoulders, working her way up slowly and softly to my face and eyes. I think I might have actually dozed off for a few minutes as she traced soft lines across my forehead with fingers smooth as silk. It wasn't until she began applying a cool facial paste that I woke up, preparing for the long and soothing application of the facial mask.



Before leaving, I stocked up on Men's Essential facial wash from the renowned French beauty products company Decleor that were recommended for me by the spa's consultant.

Next stop, full body massage in one of The Portman Ritz-Carlton Hotel Fitness Center's deluxe massage rooms. The great thing about getting a massage here is that you can step out of your office and get a fantastic massage before anyone even notices you're gone! The rooms are simple, but comfortable, dimly lit, with oversized massage tables that are far nicer to plop down on than the local Chinese tui na places I've been to in Shanghai. It's sort of like the difference between flying first-class and economy.



The thing I find about massage is that quite often you don't realize how much you really need it until you have one. I spend hours every day working on a computer, and my back and shoulders often pay the price. The skilled therapist here hit spots I didn't even know were in need of attention until her firm touch hit upon them. Aside from the basic feeling of relaxation and smoothing out the knots in your aching back, massage stimulates the lymphatic system, which helps detoxify the body. It also improves circulation and calms the nervous system. I left feeling as if I'd just woken up from a full-night's sleep. Which I desperately needed if I was going to make it to my next appointment...a foot massage and herbal bath at Green Massage!

Recently opened at Shanghai Centre, this is as close as you'll come to finding your own private oasis, decorated in beautiful Southeast Asian style, with tranquil lighting and luxury VIP suites. Even in the

West, we believe that you can tell a lot of things from a person's feet. But in China, it's especially so. According to Reflexology and Traditional Chinese Medicine, the feet are filled with meridians corresponding to the body's major organs – everything from the eyes to the intestines can be accessed through your feet, and assessed (or perhaps even treated) for any problems you may have.

Following a warm herbal soak to ease the soreness of my tired feet, the therapist's powerful hands began to knead out all those days of walking the streets of Shanghai. The massage therapist I had was even able to note a few of my more problematic health areas based on the sensitivity points of my feet. But by the end of the session, I felt like I was walking on a brand new pair of pods.

I was starting to feel a little closer to a million bucks, but there was one part of me that still felt neglected – actually ten parts, to be exact. Call me “metrosexual” if you will, but I didn't think my day would be complete without a manicure. Being a guy (and sort of a guy-ish guy, at that) I never really gave much thought to my fingernails, other than perhaps to trim them every once in a while. But as I sat down for my manicure at Fiori by Nail Plus, I realized what I'd been missing out on. This probably won't come as a shock to most girls, but guys, you might be surprised to learn that much of the allure of a manicure comes from the pampering that comes along with it. Soaking the hands in warm water, massaging with oils, sitting back in a big cozy chair while my nails were clipped, buffed and filed. I drew the line at adding polish, though I am told that some of the regular male clients enjoy a touch of black.

As I stepped outside into the pulsing streets of Shanghai, nails neat and shining, face glowing, feet and spine relaxed, clean as a whistle and tranquil as a monk on a mountaintop, I really did feel as if I'd just taken a mini-vacation – and all without ever leaving Shanghai Centre. Now, if I could just find myself some chicken feet...



Centre News

Springtime, Chill-time

Looking for the perfect place to enjoy a quick snack and a refreshing drink as the weather warms? Check out the coziest little spot in Shanghai Centre -- Chill Café. Whether you're out for a day of shopping, on your way to work, or looking for a quick lunch break, Chill is the ideal revival rest stop. Enjoy cooling fruit juices and specialty frozen treats on the terrace at the Shanghai Centre complex, or grab a quick take away. Coffee, tea, snacks and a delicious range of lunchtime fare – it's all here, and it's all Chill!

Chill this Spring from 7am to 7pm. For more info or deliveries, call ext. 6003.

Quintessentially Concierge Services

Shanghai Centre has partnered up with Quintessentially, the world's leading luxury concierge service provider, to offer our residents the best concierge service in town.



Quintessentially can assist you with all of your personal needs, from airport fast-track to luxury get-aways at top destinations. They'll also sort your hotel reservations, concert and theatre tickets, and make recommendations for restaurants, nannies, drivers, tailors, or even a dog walker. Quintessentially grants you access to exclusive events such as fashion shows, private jewelry collection viewings and new clubs openings. And they can assist you in organizing parties at the most exclusive venues! To find out more, register for the weekly Quintessentially newsletter.

For bookings or reservations, just email shanghaicentre@quintessentially.com, or call the hotline at 5258-8691

Shanghai Centre Leisure Centre

Shanghai Centre is pleased to announce the launch of our new Leisure Centre. A fleet of men's & ladies city bikes, bike helmets, picnic blankets, children's pop up tent, walkie talkies and our about to be famous "Expo Chair" are now available exclusively for Shanghai Centre residents use. We are also looking to expand our equipment line up so if you have any suggestions please let us know! To reserve the equipment and more details please call Customer Service at ext. 6666, enjoy the great outdoors!

Time to clean up!

May 16 will be "Clear-out Day" at Shanghai Centre as we are organizing our first-ever Flea Market/Garage Sale at the 4th floor Atrium! The same weekend we also having our annual Clothes Drive for River of Hearts. To book a spot, please contact Jessie Xu at ext.6621. Limited space, first come first serve!



Junior Tennis Champs in the Making

The latest addition to our Level 8 Recreation Area will have the kids swinging like Serena and Federer. All kids can now practice their latest tennis moves against the brand new tennis back-board!

Children's Day Celebration

On Tuesday, June 1 kids are the king of the world for a day! Party details will be distributed to all Shanghai Centre Junior residents closer to the celebration date.

Summer Camps at the Preschool/Kids' Club

It's that time of year again, with summer just around the corner – that means Shanghai Centre Summer Camp! Summer camp will run a half day camp from Monday, June 28 until Friday, August 6 and is open to all Junior Residents. All interested families can contact Jessie at ext. 6621 for more detailed information.

Event Schedule

May	10:00 - 11:30 am Coffee Morning Resident Lounge, Suite 801, West Apartment Tower Residents only	10:00 am - 4:00 pm Clothes Drive Office Building Open to public	10:00 am - 2:00 pm Clothes Drive & Flea Market Office Building Open to public	
	10:00 am - 12:30 pm Farmers' Market Exhibition Plaza Open to public	6:00 am - 3:30 pm Annual Golf Tournament Shanghai Silport Golf Club Residents only	5:30 - 8:30 pm Summer BBQ Party Garden Terrace Residents Only	
Jun	4:30 - 5:30 pm Children's Day Kids Club Residents only	10:00 - 11:30 am Coffee Morning Resident Lounge, Suite 801, West Apartment Tower Residents only	10:00 am - 12:30 pm Farmers' Market Exhibition Plaza Open to public	2:00 - 5:00 pm Coffee Corner Chill, Exhibition Plaza Residents only
	Jul		10:00 - 11:30 am Coffee Morning Resident Lounge, Suite 801, West Apartment Tower Residents only	2:00 - 5:00 pm Coffee Corner Chill, Exhibition Plaza Residents only

Regular Events - Residents Only

Monday 9:30-10:30
Yoga Class
Aerobics Room, Ritz-Carlton
Health Club

Friday 9:30-10:30
Pilates Class
Aerobics Room, Ritz-Carlton
Health Club

Friday 16:30-18:00
Tennis Training
Outdoor Recreation Area
Children Only

Saturday 10:00-11:00
Taiji Class
Terrace Garden, 8th floor

Retailer Section



Beauty Farm



If you're looking for skin that shines and looks as soft and lovely as the spring flowers, it's time to head down to the Beauty Farm. One of the best-equipped salons in Shanghai, the Beauty Farm journey takes you away from the tension, stress and fatigue of city life. Here, you can soak in a milk bath, get a facial or indulge with an all-inclusive package in a cozy, clean environment with friendly service from the moment you step through the door. Facial treatments use all-natural products based on Aloe Vera, green tea and apricot flowers. Life on the farm has never been this good!



Suite 808, East Tower,
6279 8399, 6289 7797

Pizza Marzano at Shanghai Centre? Mama Mia!

Voted "Best Pizza" by That's Shanghai magazine, Pizza Marzano will soon be tossing its delicious pies at Shanghai Centre. Starting with its first restaurant in China in 2006 at Xintiandi, Pizza Marzano is now expanding to a new location just beside Gourmet Café. So what to expect from this pizza paradise? Authentic handmade crusts with some distinctly Chinese toppings, including Peking Duck and a Gong Pao Spicy Chicken. Or if you prefer your pizza a bit more on the traditional side, there are plenty of classics to choose from like the Sicilia and the Capricciosa. In addition, the menu features a selection of delicious pastas and fresh salads, including a tasty mozzarella and tomato salad. Finally, great pizzas at your doorstep! Mama mia!



Suite 107, West Retail Plaza
(www.pizzamarzano.cn)

PIZZA PIZZA EXPRESS

Theatre

Best Theatre Award

During a star-studded, televised ceremony at ChangDe 800 Art Center, the Shanghai Centre Theatre received the "Best Theatre Award 2010" for its contributions during the inaugural season of the Modern Drama



Valley Project. During spring and autumn, 2009 the theatre hosted four series of Meng Jinghui's drama-works, including the world-premiere of "Murder in the Hanging Garden", as well as a season of the musical-revue "From Hollywood to Broadway." Congratulations to all the Theatre staff for their hard work and invaluable contributions which made it possible to win this prestigious award!

Centre Spotlight

Shanghai Centre Apartments Get A New Look

Shanghai Centre has set out to update all the apartments over the next few years. Inspired by clean modern lines, dramatically improved lighting, warm hardwood floors and larger window vistas the upgraded apartments are already making a statement in the market and with existing residents. There has been a strong interest to lease the first group of newly completed apartments, if you want to see what all the buzz is about please contact our Leasing team at 6279 8502 and they will be happy to show you the long list of new features and improvements.



Out and About in Shanghai Centre



Event Recap

Running in Pudong

It was time to stretch those legs... The green surroundings and villa compounds in Jinqiao, Pudong were an ideal location for a 2k walk or a healthy 8k run. After the Herculean efforts, SC residents were invited for a free drink at the newly opened Big Bamboo. The fact that the bus was half empty on the way back probably meant that one drink probably wasn't enough for most of the runners!! The date for next year's race is already marked on our calendar!

Wine with Obama

Everybody loves a nice glass of wine... but when it's served in the suite President Obama stayed in, it tastes even better! The Ritz-Carlton Suite on the 44th floor was the exclusive venue to savor five sumptuous wines from New Zealand, accompanied with great hors d'oeuvres. Throw a great party? Yes we can!

Earth Hour

For the second consecutive year, Shanghai Centre participated in the global Earth Hour event by switching off all unnecessary lighting for one hour. To all the residents who joined this event and all the retailers who offered special promotions, thanks for the support!

Lucky winners of the EXPO Competition

Congratulations to Jim Jenner, Jesup Taylor, Denise Moulder, Mori Ryotaro and Hikari Kobayashi, Brenda Foster, Laura Anderson, Akiko Gotoda, Chiaki Creasey & Jorge Sanchez. All winners received 2 pairs of One Day passes for the Word Expo in Shanghai! Enjoy!

A walk through Shanghai's colonial past

Under a bright spring sun and under the expert guidance of Mr Yang, residents were transported back in time during a walking tour of the French Concession area. A visit to the unique Propaganda Poster Museum completed this interesting Saturday morning outing.

1. Decorated eggs for the Easter Egg Hunt
2. Ned really likes the Easter Bunny...
3. Easter Party decorations
4. Creating a piece of art...
5. Team picture at the Jinqiao 8K Run
6. Residents proudly posing with their floral masterpieces
7. Sampling Kiwi wines at the Ritz-Carlton Suite

ADMINISTRATION SERVICES

The Portman Ritz-Carlton, Shanghai 6279 8888
Fax:6279 8800

Business Centre 6279 8801

SHANGHAI CENTRE SERVICES

Shanghai Centre Management 6279 8600

Fax:6279 8610

Shanghai Centre Customer Service Ext. 6666

Fax:6279 7610

Shanghai Centre Security Ext. 6656

Wake-up call Ext.0

Apartment Room Service Ext. 5955

East Residence Lobby Ext. 6692

West Residence Lobby Ext. 6730

Preschool 6279 8519

Kids' Club 6279 7146

Resident Lounge (Suite 801) Ext. 6752

Reading Room (Suite 815) Ext. 6017

Theatre ticket office 6279 8663

Taxi Ext. 5703

Hotel Laundry Valet Ext. 5100

FASHION

Dave's Tailoring 6279 8805

Suite 105, West Retail Plaza

MiuMiu

Suite A03, Street Level, West Retail Plaza

Paul & Shark 6279 8418

Suite A01, Street Level, East Retail Plaza

Salvatore Ferragamo 6279 8838

Suite A02, Street Level, East Retail Plaza

Stefano Ricci 6279 8086

Suite 128, The Portman Ritz-Carlton

Loro Piana 6279 8330

Suite A05, Street Level, West Retail Plaza

PERSONAL SERVICES

Beauty Farm 6279 8399

Suite 808, East Office Tower

City Shop 6279 8018

Level B01, Exhibition Plaza

FIORI - Nail Plus Salon 6279 8118

Suite 210, East Retail Plaza

Easy Document 6279 1694

Suite 201, West Retail Plaza

Green Massage 6289 7776

Suite 202, West Retail Plaza

HAY Nanny & Maid Service 400-8811-619

Suite 707, West Tower

Huashi Pharmacy 6279 8090

Suite 206, West Retail Plaza

Jazz Laundry Valet 1330 181 2205

Suite 106C, West Retail Plaza

LifeLine Shanghai 6279 8990

Suite 325, West Office Tower

Major Shoe Repair & Key Service

Suite 355, West Office Tower

Parkway Health 6445 5999

Suite 203, West Retail Plaza

Post Office 6279 8044

Suite 355, East Office Tower

SinoUnited Health 6279 8920

Suite 601, West Office Tower

SIYANLI Health & Beauty SPA 6279 7299

Suite 425, West Office Tower

The Portman Ritz-Carlton Health Club Ext. 5922

Level 7, The Portman Ritz-Carlton

Toni & Guy Hairdressing Salon 6279 8806

Suite 209, East Retail Plaza

Wally's Digital & Photocopy 6279 7880

Suite 105A, West Retail Plaza

GOVERNMENT OFFICES

American Chamber of Commerce 6279 7119

Suite 568, East Office Tower

Austrian Consulate Commercial Section 6279 7195

Suite 514, West Office Tower

Australian Consulate Visa Section 6279 8098

Suite 406, West Office Tower

British Consulate 3279 2000

Suite 301, West Office Tower

Canadian Consulate 3279 2800

Suite 604, West Office Tower

Canadian Consulate Visa Section 3279 2800

Suite 668, East Office Tower

Canadian Chamber of Commerce 6289 8670

Suite 605, West Office Tower

Irish Consulate 6279 8729

Suite 700A, West Office Tower

New Zealand Consulate Visa Section 6279 7368

Suite 507, West Office Tower

U.S. Agriculture Trade Office 6279 8622

Suite 331, East Office Tower

U.S. Commercial Service 6279 7630

Suite 631, East Office Tower

U.S. Food And Drug Administration 6279 7330

Suite 723, West Office Tower

U.S. Public Affairs Section 6279 7662

Suite 540, East Office Tower

RESTAURANTS / ENTERTAINMENT

Din Tai Fung 6289 9182

Suite 104A, West Retail Plaza

Element Fresh 6279 8191

Suite 112/207, East Retail Plaza

Gourmet Café 6289 5733

Suite 111, West Retail Plaza

Hanagatami Japanese Restaurant 6279 8888

Level 2, The Portman Ritz-Carlton

Long Bar 6279 8268

Suite 206A, Centre Retail Plaza

Palladio Italian Restaurant 6279 7188

Level 1, The Portman Ritz-Carlton

Paul Bakery 6279 7587

Suite 118, East Retail Plaza

The Ritz Bar 6279 8888

Level 2, The Portman Ritz-Carlton

Starbucks Coffee Ext. 5777

6279 8667

Suite 103, West Retail Plaza

Summer Pavilion 6279 8888

Level 2, The Portman Ritz-Carlton

Tables Ext. 4770

6279 7166

Level 1, The Portman Ritz-Carlton

Tony Roma's 6279 7129

Suite 109, West Retail Plaza

GIFTS & ACCESSORIES

Alice Flower 6279 8737

Kiosk, West Retail Plaza

Boutique Yaling 6279 5855

Level 2, The Portman Ritz-Carlton

Chaterhouse Booktrader 6279 7633

Suite 104, West Retail Plaza

Couleur Chocolat 6289 8014

Suite 117, East Retail Plaza

Emperor Silk 6279 8711

Suite 201, West Retail Plaza

Federico Buccellati 6289 6998

Suite A06, Street Level, East Retail Plaza

L'e Crin 6279 8978

Lobby, The Portman Ritz-Carlton

Steven Art & Craft 6289 8983

Suite 703A, West Office Tower

The Boutique 6279 8888

Lobby, The Portman Ritz-Carlton

Urban Tribe Ext. 5801

6279 7373

Level 2, The Portman Ritz-Carlton

Zhang's Textiles 6279 8587

Suite 202A, West Retail Plaza

TRAVEL & BUSINESS SERVICES

Aeroflot Russian Airlines 6279 8033

Suite 208, East Retail Plaza

All Nippon Airways 800 820 1122

Suite 208A, East Retail Plaza

American Express 6279 7072

Suite 455/458, East Office Tower

HSBC 6279 8582

Suite 106, West Retail Plaza

Jade Travel 6279 8393

Suite 427, West Office Tower

Malaysia Airlines 6279 8629

Suite 560, East Office Tower

Philippine Airlines 6279 8765

Suite 735A, East Office Tower

Turkish Airlines 6279 8392

Suite 211, East Retail Plaza

Vietnam Airlines 6279 7777

Suite 531A, East Office Tower

Jingao Travel Agency 6279 8026

Suite 500, West Office Tower



SHANGHAI CENTRE
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